



PATIENT INFORMATION

ANASTROZOLE TABLETS

Read the information that comes with anastrozole tablets before you start taking it and each time you get a refill. This information may have changed. This booklet does not take the place of talking with your doctor about your medical condition or treatment. Talk with your doctor about anastrozole tablets when you start taking it and at regular checkups.

What is anastrozole tablets?

Anastrozole tablets is a prescription medicine used in women who have finished menopause ("the change of life") for:

- treatment of early breast cancer
- after surgery, with or without radiation
- in women whose breast cancer is hormone receptor-positive

First treatment of locally advanced or metastatic breast cancer in women whose breast cancer's hormone receptor-positive or the hormone receptors are unknown.

• treatment of advanced breast cancer, if the cancer has grown, or the disease has spread after tamoxifen therapy.

Anastrozole tablets do not work in women with breast cancer who have not finished menopause (premenopausal women).

Who should not take anastrozole tablets?

Do not take anastrozole tablets if you:

- are pregnant, think you may be pregnant, or plan to get pregnant. Anastrozole tablets may harm your unborn child. If you become pregnant while taking anastrozole tablets, tell your doctor right away.
- have not finished menopause (are premenopausal)

- are allergic to any of the ingredients in anastrozole tablets. See the end of this leaflet for a list of the ingredients in anastrozole tablets.
- are a man or child

What is the most important information I should know about anastrozole tablets?

Anastrozole tablets may cause serious side effects including:

- **Heart disease.** Women with early breast cancer, who have a history of blockages in heart arteries (ischemic heart disease), and who take anastrozole tablets may have a slight increase in this type of heart disease compared to similar patients who take tamoxifen.

- **Stop taking anastrozole tablets and call your doctor right away if you have chest pain or shortness of breath.** These can be symptoms of heart disease.

- **Osteoporosis (bone softening and weakening).** Anastrozole tablets lowers estrogen in your body, which may cause your bones to become softer and weaker. This can increase your chance of fractures, specifically of the spine, hip and wrist. Your doctor may order a test for you called a bone mineral density study before you start taking anastrozole tablets and during treatment with anastrozole tablets as needed.

What should I tell my doctor before taking anastrozole tablets?

Anastrozole tablets may not be right for you. Before taking anastrozole tablets, tell your doctor about all your medical conditions, including if you:

- have not finished menopause. Talk to your doctor if you are not sure. See "Who should not take anastrozole tablets?"
- have had a previous heart problem
- have a condition called osteoporosis
- have high cholesterol
- are pregnant, planning to become pregnant, or breast feeding. See "Who should not take anastrozole tablets?"
- are nursing a baby. It is not known if anastrozole passes into breast milk. You and your doctor should decide if you will take anastrozole tablets or breast feed your child about the medicines you take.

Tell your doctor about all the medicines you take, including prescription and non-prescription medicines, vitamins, and herbal supplements. Especially tell your doctor if you take:

- **Tamoxifen.** You should not take anastrozole tablets with tamoxifen. Taking tamoxifen with anastrozole tablets may lower the amount of anastrozole in your blood and may cause anastrozole not to work as well.

- **Medicines containing estrogen.** Anastrozole tablets may not work if taken with one of these medicines.

- hormone replacement therapy

- birth control pills

- 1 mg estrogen creams

- vaginal rings

- vaginal suppositories

Know the medicines you take. Keep a list of them and show it to your doctor and pharmacist each time you get a new medicine.

How should I take anastrozole tablets?

- Take anastrozole tablets exactly as prescribed by your doctor.

Keep taking anastrozole tablets for you, as long as your doctor prescribes for you.

- Take one anastrozole tablet each day.

- Anastrozole tablets can be taken with or without food.

- If you miss a dose, take it as soon as you remember it (it is safe to take for up to 2 days).

- Skip the missed dose. Take your next regular, scheduled dose. Do not take two doses at the same time.

- If you have taken more anastrozole tablets than your doctor has prescribed, contact your doctor right away. Do not take any additional anastrozole tablets until instructed to do so by your doctor.

Talk with your doctor about any health changes you have while taking anastrozole tablets.

What are possible side effects of anastrozole tablets?

Anastrozole tablets can cause serious side effects including:

- See "What is the most important information I should know about Anastrozole tablets?"

- **Increased blood cholesterol (fat in the blood).**

Your doctor may check your cholesterol while you take anastrozole tablets therapy.

- **skin reactions.** Stop taking anastrozole tablets and call your doctor right away if you get any skin lesions, allergic reactions, or blisters.

- **severe allergic reactions.** Get medical help

HIGHLIGHTS OF PRESCRIBING INFORMATION

These highlights do not include all the information needed to use Anastrozole Tablets safely and effectively. See full prescribing information for Anastrozole Tablets.

Anastrozole Tablets for oral use

Initial U.S. Approval: 1995

RECENT MAJOR CHANGES

Contraindications - Premenopausal Women and Pregnancy (4.1, 8.1)	11/2008
Warnings and Precautions- Ischemic Cardiovascular Events (5.1, 6.1)	11/2008

INDICATIONS AND USAGE

Anastrozole is an aromatase inhibitor indicated for:

- Adjuvant treatment of postmenopausal women with hormone receptor-positive early breast cancer (1.1)
- First-line treatment of postmenopausal women with hormone receptor-positive or hormone receptor unknown locally advanced or metastatic breast cancer (1.2)
- Treatment of advanced breast cancer in postmenopausal women with disease progression following tamoxifen therapy. Patients with ER-negative disease and patients who did not respond to previous tamoxifen therapy rarely responded to anastrozole (1.3)

DOSAGE AND ADMINISTRATION

One 1 mg tablet taken once daily (2.1)

DOSAGE FORMS AND STRENGTHS

1 mg tablets (3)

CONTRAINDICATIONS

- Women of premenopausal endocrine status, including pregnant women (4.1, 8.1).
- Patients with demonstrated hypersensitivity to anastrozole or any excipient (4.2)

WARNINGS AND PRECAUTIONS

- In women with pre-existing ischemic heart disease, an increased incidence of ischemic cardiovascular events occurred with anastrozole use compared to tamoxifen use. Consider risks and benefits. (5.1, 6.1)
- Decreases in bone mineral density may occur. Consider bone mineral density monitoring. (5.2, 6.1)
- Increases in total cholesterol may occur. Consider cholesterol monitoring. (5.3, 6.1)

ADVERSE REACTIONS

In the early breast cancer (ATAC) study, the most common (occurring with an incidence of >10%) side effects occurring in women taking anastrozole included: hot flashes, nausea, arthritis, pain, arthralgia, pharyngitis, hypertension, depression, nausea and vomiting, rash, osteoporosis, fractures, back pain, insomnia, headache, peripheral edema and lymphedema, regardless of causality. (6.1)

In the advanced breast cancer studies, the most common (occurring with an incidence of >10%) side effects occurring in women taking anastrozole included: hot flashes, nausea, asthenia, pain, headache, back pain, bone pain, increased cough, dyspnea, pharyngitis and peripheral edema. (6.1)

To report SUSPECTED ADVERSE REACTIONS, contact APP Pharmaceuticals LLC, Medical Affairs at 1-800-551-7176 or FDA at 1-800-FDA-1088 or www.fda.gov/medwatch.

DRUG INTERACTIONS

- Tamoxifen: Do not use in combination with anastrozole. No additional benefit seen over tamoxifen monotherapy (7.1, 14.1).
- Estrogen-containing products: Combination use may diminish activity of anastrozole (7.2).

USE IN SPECIFIC POPULATIONS

- Pediatric patients: Efficacy has not been demonstrated for pubertal boys of adolescent age with gynecomastia or girls with McCune-Albright Syndrome and progressive precocious puberty. (8.4)

See 17 for PATIENT COUNSELING INFORMATION and FDA-approved Patient Labeling.

Revised: April 2010

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FULL PRESCRIBING INFORMATION

1 INDICATIONS AND USAGE

1.1 Adjuvant Treatment

Anastrozole tablets 1 mg is indicated for adjuvant treatment of postmenopausal women with hormone receptor-positive early breast cancer.

1.2 First-Line Treatment

Anastrozole tablets 1 mg is indicated for the first-line treatment of postmenopausal women with hormone receptor-positive or hormone receptor unknown locally advanced or metastatic breast cancer.

1.3 Second-Line Treatment

Anastrozole tablets 1 mg is indicated for the treatment of advanced breast cancer in postmenopausal women with disease progression following tamoxifen therapy. Patients with ER-negative disease and patients who did not respond to previous tamoxifen therapy rarely responded to anastrozole.

2 DOSAGE AND ADMINISTRATION

2.1 Recommended Dose

The dose of anastrozole is one 1 mg tablet taken once a day. For patients with advanced breast cancer, anastrozole tablets 1 mg should be continued until tumor progression. Anastrozole tablets 1 mg can be taken with or without food.

For adjuvant treatment of early breast cancer in postmenopausal women, the optimal duration of therapy is unknown. In the ATAC trial anastrozole tablets 1 mg were administered for five years. [see *Clinical Studies* (14.1)]

No dosage adjustment is necessary for patients with renal impairment or for elderly patients. [see *Use in Specific Populations* (8.6)]

2.2 Patients with Hepatic Impairment

No changes in dose are recommended for patients with mild-to-moderate hepatic impairment. Anastrozole tablets have not been studied in patients with severe hepatic impairment. [see *Use in Specific Populations* (8.7)]

3 DOSAGE FORMS AND STRENGTHS

The tablets are white to off white circular, film-coated biconvex tablets, debossed with "D020" on one side and plain on other side, supplied in bottles of 30 tablets.

4 CONTRAINDICATIONS

4.1 Pregnancy and Premenopausal Women

Anastrozole may cause fetal harm when administered to a pregnant woman and offers no clinical benefit to premenopausal women with breast cancer. Anastrozole is contraindicated in women who are or may become pregnant. There are no adequate and well-controlled studies in pregnant women using anastrozole tablets. If anastrozole tablets are used during pregnancy, or if the patient becomes pregnant while taking this drug, the patient should be apprised of the potential hazard to a fetus or potential risk for loss of the pregnancy. [see *Use in Specific Populations* (8.1)]

4.2 Hypersensitivity

Anastrozole tablets are contraindicated in any patient who has shown a hypersensitivity reaction to the drug or to any of the excipients. Observed reactions include anaphylaxis, angioedema, and urticaria. [see *Adverse Reactions* (6.2)]

5 WARNINGS AND PRECAUTIONS

5.1 Ischemic Cardiovascular Events

In women with pre-existing ischemic heart disease, an increased incidence of ischemic cardiovascular events was observed with anastrozole in the ATAC trial (17% of patients on anastrozole tablets and 10% of patients on tamoxifen). Consider risk and benefits of anastrozole therapy in patients with pre-existing ischemic heart disease. [see *Adverse Reactions* (6.1)]

5.2 Bone Effects

Results from the ATAC trial bone substudy at 12 and 24 months demonstrated that patients receiving anastrozole tablets had a mean decrease in both lumbar spine and total hip bone mineral density (BMD) compared to baseline. Patients receiving tamoxifen had a mean increase in both lumbar spine and total hip BMD compared to baseline [see *Adverse Reactions*, (6.1)].

5.3 Cholesterol

During the ATAC trial, more patients receiving anastrozole tablets were reported to have elevated serum cholesterol compared to patients receiving tamoxifen (9% versus 3.5%, respectively) [see *Adverse Reactions*, (6.1)].

6 ADVERSE REACTIONS

Serious adverse reactions with anastrozole occurring in less than 1 in 10,000 patients, are: 1) skin reactions such as lesions, ulcers, or blisters; 2) allergic reactions with swelling of the face, lips, tongue, and/or throat. This may cause difficulty in swallowing and/or breathing; and 3) changes in blood tests of the liver function, including inflammation of the liver with symptoms that may include a general feeling of not being well, with or without jaundice, liver pain or liver swelling [see *Adverse Reactions*, (6.2)].

Common adverse reactions (occurring with an incidence of >10%) in women taking anastrozole tablets included: hot flashes, asthenia, arthritis, pain, arthralgia, pharyngitis, hypertension, depression, nausea and vomiting, rash, osteoporosis, fractures, back pain, insomnia, pain, headache, bone pain, peripheral edema, increased cough, dyspnea, pharyngitis and lymphedema.

In the ATAC trial, the most common reported adverse reaction (>0.1%) leading to discontinuation of therapy for both treatment groups was hot flashes, although there were fewer patients who discontinued therapy as a result of hot flashes in the anastrozole group.

Because clinical trials are conducted under widely varying conditions, adverse reaction rates observed in the clinical trials of a drug cannot be directly

compared to rates in the clinical trials of another drug and may not reflect the rates observed in practice.

6.1 Clinical Trials Experience

Adjuvant Therapy

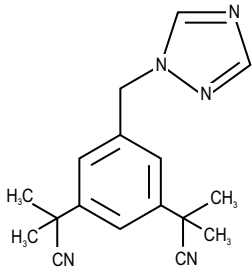
Adverse reaction data for adjuvant therapy are based on the ATAC trial [see *Clinical Studies* (14.1)]. The median duration of adjuvant treatment for safety evaluation was 59.8 months and 59.6 months for patients receiving anastrozole tablets 1 mg and tamoxifen 20 mg, respectively.

Adverse reactions occurring with an incidence of at least 5% in either treatment group during treatment or within 14 days of the end of treatment are presented in Table 1.

Table 1 - Adverse reactions occurring with an incidence of at least 5% in either treatment group during treatment, or within 14 days of the end of treatment in the ATAC trial ^a			
Body system and adverse reactions by COSTART preferred term ^b	Anastrozole Tablets 1 mg (N= 3092)	Tamoxifen 20 mg (N= 3094)	
Body as a whole			
Asthenia	575 (19)	544 (18)	
Pain	533 (17)	485 (16)	
Back pain	321 (10)	309 (10)	
Headache	314 (10)	249 (8)	
Abdominal pain	271 (9)	276 (9)	
Infection	285 (9)	276 (9)	
Accidental injury	311 (10)	303 (10)	
Flu syndrome	175 (6)	195 (6)	
Chest pain	200 (7)	150 (5)	
Neoplasm	162 (5)	144 (5)	
Cyst	138 (5)	162 (5)	
Cardiovascular			
Vasodilatation	1104 (36)	1264 (41)	
Hypertension	402 (13)	349 (11)	
Digestive			
Nausea	343 (11)	335 (11)	
Constipation	249 (8)	252 (8)	
Diarrhea	265 (9)	216 (7)	
Dyspepsia	206 (7)	169 (6)	
Gastrointestinal disorder	210 (7)	158 (5)	
Hemic and lymphatic			
Lymphedema	304 (10)	341 (11)	
Anemia	113 (4)	159 (5)	
Metabolic and nutritional			
Peripheral edema	311 (10)	343 (11)	
Weight gain	285 (9)	274 (9)	
Hypercholesterolemia	278 (9)	108 (3.5)	
Musculoskeletal			
Arthritis	512 (17)	445 (14)	
Arthralgia	467 (15)	344 (11)	
Osteoporosis	325 (11)	325 (11)	
Fracture	315 (10)	209 (7)	
Bone pain	201 (7)	185 (6)	
Arthrosis	207 (7)	156 (5)	
Joint Disorder	184 (6)	160 (5)	
Myalgia	179 (6)	160 (5)	
Nervous system			
Depression	413 (13)	382 (12)	
Insomnia	309 (10)	281 (9)	
Dizziness	236 (8)	234 (8)	
Anxiety	195 (6)	180 (6)	
Paresthesia	215 (7)	145 (5)	
Respiratory			
Pharyngitis	443 (14)	422 (14)	
Cough increased	261 (8)	287 (9)	
Dyspnea	234 (8)	237 (8)	
Sinusitis	184 (6)	159 (5)	
Bronchitis	167 (5)	153 (5)	
Skin and appendages			
Rash	333 (11)	387 (13)	
Sweating	145 (5)	177 (6)	
Special Senses			
Cataract Specified	182 (6)	213 (7)	
Urogenital			
Leukorrhea	86 (3)	286 (9)	
Urinary tract infection	244 (8)	313 (10)	
Breast pain			

11 DESCRIPTION

Anastrozole Tablets for oral administration contain 1 mg of anastrozole, a non-steroidal aromatase inhibitor. It is chemically described as 1,3-Benzeneadiacetonitrile, a, a', a'-tetramethyl-5-(1H-1,2,4-triazol-1-ylmethyl), its molecular formula is C₁₈H₁₈N₄ and its structural formula is:



Anastrozole is an off-white powder with a molecular weight of 293.4. Anastrozole has moderate aqueous solubility (0.5 mg/mL at 25°C); solubility is independent of pH in the physiological range. Anastrozole is freely soluble in methanol, acetone, ethanol, and tetrahydrofuran, and very soluble in acetonitrile.

Each tablet contains as inactive ingredients: lactose monohydrate, magnesium stearate, povidone, sodium starch glycolate and opadry white (methylhydroxypropyl cellulose, polyethylene glycol and titanium dioxide).

12 CLINICAL PHARMACOLOGY

12.1 Mechanism of Action

The growth of many cancers of the breast is stimulated or maintained by estrogens. Treatment of breast cancer thought to be hormonally responsive (i.e., estrogen and/or progesterone receptor positive or receptor unknown) has included a variety of efforts to decrease estrogen levels (ovariectomy, adrenalectomy, hypophysectomy) or inhibit estrogen effects (antiestrogens and progestational agents). These interventions lead to decreased tumor mass or delayed progression of tumor growth in some women.

In postmenopausal women, estrogens are mainly derived from the action of the aromatase enzyme, which converts adrenal androgens (primarily androstenedione and testosterone) to estrone and estradiol. The suppression of estrogen biosynthesis in peripheral tissues and in the cancer tissue itself can therefore be achieved by specifically inhibiting the aromatase enzyme.

Anastrozole is a potent and selective non-steroidal aromatase inhibitor. It significantly lowers serum estradiol concentrations and has no detectable effect on formation of adrenal corticosteroids or aldosterone.

12.2 Pharmacodynamics

Effect on Estradiol

Mean serum concentrations of estradiol were evaluated in multiple daily dosing trials with 0.5, 1, 3, 5, and 10 mg of anastrozole tablets in postmenopausal women with advanced breast cancer. Clinically significant suppression of serum estradiol was seen with all doses. Doses of 1 mg and higher resulted in suppression of mean serum concentrations of estradiol to the lower limit of detection (3.7 pmol/L). The recommended daily dose, anastrozole tablets 1 mg, reduced estradiol by approximately 70% within 24 hours and by approximately 80% after 14 days of daily dosing. Suppression of serum estradiol was maintained for up to 6 days after cessation of daily dosing with anastrozole tablets 1 mg.

The effect of anastrozole tablets in premenopausal women with early advanced breast cancer has not been studied. Because aromatization of adrenal androgens is not a significant source of estradiol in premenopausal women, anastrozole would not be expected to lower estradiol levels in premenopausal women.

Effect on Corticosteroids

In multiple daily dosing trials with 3, 5, and 10 mg, the selectivity of anastrozole was assessed by examining effects on corticosteroid synthesis. For all doses, anastrozole did not affect cortisol or aldosterone secretion at baseline or in response to ACTH. No glucocorticoid or mineralocorticoid replacement therapy is necessary with anastrozole.

Other Endocrine Effects

In multiple daily dosing trials with 5 and 10 mg, thyroid stimulating hormone (TSH) was measured; there was no increase in TSH during the administration of anastrozole tablets. Anastrozole does not possess direct progestogenic, androgenic, or estrogenic activity in animals, but does perturb the circulating levels of progesterone, androgens, and estrogens.

12.3 Pharmacokinetics

Absorption

Inhibition of aromatase activity is primarily due to anastrozole, the parent drug. Absorption of anastrozole is rapid and maximum plasma concentrations typically occur within 2 hours of dosing under fasted conditions. Studies with radiolabeled drug have demonstrated that orally administered anastrozole is well absorbed into the systemic circulation. Food reduces the rate but not the overall extent of anastrozole absorption. The mean C_{max} of anastrozole decreased by 16% and the median T_{max} was delayed from 2 to 5 hours when anastrozole was administered 30 minutes after food. The pharmacokinetics of anastrozole are linear over the dose range of 1 to 20 mg, and do not change with repeated dosing. The pharmacokinetics of anastrozole were similar in patients and healthy volunteers.

Distribution

Steady-state plasma levels are approximately 3- to 4-fold higher than levels observed after a single dose of anastrozole tablets. Plasma concentrations approach steady-state levels at about 7 days of once daily dosing. Anastrozole is 40% bound to plasma proteins in the therapeutic range.

Metabolism

Metabolism of anastrozole occurs by N-dealkylation, hydroxylation and glucuronidation. Three metabolites of anastrozole (triazole, a glucuronide conjugate of hydroxy-anastrozole, and a glucuronide conjugate of anastrozole itself) have been identified in human plasma and urine. The major circulating metabolite of anastrozole, triazole, lacks pharmacologic activity.

Anastrozole inhibited reactions catalyzed by cytochrome P450 1A2, 2C8/9, and 3A4 *in vitro* with Ki values which were approximately 30 times higher than the mean steady-state C_{max} values observed following a 1 mg daily dose. Anastrozole had no inhibitory effect on reactions catalyzed by cytochrome P450 2A6 or 2D6 *in vitro*. Administration of a single 30 mg/kg or multiple 10 mg/kg doses of anastrozole to healthy subjects had no effect on the clearance of antipyrine or urinary recovery of antipyrine metabolites.

Excretion

Eighty-five percent of radiolabeled anastrozole was recovered in feces and urine. Hepatic metabolism accounts for approximately 85% of anastrozole elimination. Renal elimination accounts for approximately 10% of total clearance. The mean elimination half-life of anastrozole is 50 hours.

Effect of Gender and Age

Anastrozole pharmacokinetics have been investigated in postmenopausal female volunteers and patients with breast cancer. No age related effects were seen over the range <50 to >80 years.

Effect of Race

Estradiol and estrone sulfate serum levels were similar between Japanese and Caucasian postmenopausal women who received 1 mg of anastrozole daily for 16 days. Anastrozole mean steady-state minimum plasma concentrations in Caucasian and Japanese postmenopausal women were 25.7 and 30.4 ng/mL, respectively.

Effect of Renal Impairment

Anastrozole pharmacokinetics have been investigated in subjects with renal impairment. Anastrozole renal clearance decreased proportionally with creatinine clearance and was approximately 50% lower in volunteers with severe renal impairment (creatinine clearance < 30 mL/min/1.73 m²) compared to controls. Total clearance was only reduced 10%. No dosage adjustment is needed for renal impairment. [see Dosage and Administration (2.1) and Use in Specific Populations (8.6)]

Effect of Hepatic Impairment

Anastrozole pharmacokinetics have been investigated in subjects with hepatic cirrhosis related to alcohol abuse. The apparent oral clearance (CL/F) of anastrozole was approximately 30% lower in subjects with stable hepatic cirrhosis than in control subjects with normal liver function. However, these plasma concentrations were still within the range of values observed in normal subjects. The effect of severe hepatic impairment was not studied. No dose adjustment is necessary for stable hepatic cirrhosis. [see Dosage and Administration (2.2) and Use in Specific Populations (8.7)]

13 NONCLINICAL TOXICOLOGY

13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility

A conventional carcinogenesis study in rats at doses of 1 to 25 mg/kg/day (about 10 to 243 times the daily maximum recommended human dose on a mg/m² basis) administered by oral gavage for up to 2 years revealed an increase in the incidence of hepatocellular adenoma and carcinoma and uterine stromal polyps in females and thyroid adenoma in males at the high dose. A dose related increase was observed in the incidence of ovarian and uterine hyperplasia in females. At 25 mg/kg/day, plasma AUC_{0-24h} levels in rats were 110 to 125 times higher than the level exhibited in postmenopausal volunteers at the recommended dose. A separate carcinogenicity study in mice at oral doses of 5 to 50 mg/kg/day (about 24 to 243 times the daily maximum recommended human dose on a mg/m² basis) for up to 2 years produced an increase in the incidence of benign ovarian stromal, epithelial and granulosa cell tumors at all dose levels. A dose related increase in the incidence of ovarian hyperplasia was also observed in female mice. These ovarian changes are considered to be rodent-specific effects of aromatase inhibition and are of questionable significance to humans. The incidence of lymphosarcoma was increased in males and females at the high dose. At 50 mg/kg/day, plasma AUC levels in mice were 35 to 40 times higher than the level exhibited in postmenopausal volunteers at the recommended dose.

Anastrozole has not been shown to be mutagenic in *in vitro* tests (Ames and E. coli bacterial tests, CHO-K1 gene mutation assay) or clastogenic either *in vitro* (chromosome aberrations in human lymphocytes) or *in vivo* (micronucleus test in rats).

Oral administration of anastrozole to female rats (from 2 weeks before mating to pregnancy day 7) produced significant incidence of infertility and reduced numbers of viable pregnancies at 1 mg/kg/day (about 10 times the recommended human dose on a mg/m² basis and 9 times higher than the AUC_{0-24h} found in postmenopausal volunteers at the recommended dose). Pre-implantation loss of ova or fetus was increased at doses equal to or greater than 0.02 mg/kg/day (about one-fifth the recommended human dose on a mg/m² basis). Recovery of fertility was observed following a 5-week non-dosing period which followed 3 weeks of dosing. It is not known whether these effects observed in female rats are indicative of impaired fertility in humans.

Multiple-dose studies in rats administered anastrozole for 6 months at doses equal to or greater than 1 mg/kg/day (which produced plasma anastrozole C_{max} and AUC_{0-24h}) that were 19 and 9 times higher than the respective values found in postmenopausal volunteers at the recommended dose) resulted in hypertrophy of the ovaries and the presence of follicular cysts. In addition, hyperplastic uteri were observed in 6-month studies in female dogs administered doses equal to or greater than 1 mg/kg/day (which produced plasma anastrozole C_{max} and AUC_{0-24h}) that were 22 times and 16 times higher than the respective values found in postmenopausal women at the recommended dose. It is not known whether these effects on the reproductive organs of animals are associated with impaired fertility in premenopausal women.

13.2 Animal Toxicology and/or Pharmacology

Reproductive Toxicology

Anastrozole has been found to cross the placenta following oral administration of 0.1 mg/kg in rats and rabbits (about 1 and 1.9 times the recommended human dose, respectively, on a mg/m² basis). Studies in both rats and rabbits at doses equal to or greater than 0.1 and 0.02 mg/kg/day, respectively (about 1 and 1/3, respectively, the recommended human dose on a mg/m² basis), administered during the period of organogenesis showed that anastrozole increased pregnancy loss (increased pre- and/or post-implantation loss, increased resorption, and decreased numbers of live fetuses); effects were dose related in rats. Placental weights were significantly increased in rats at doses of 0.1 mg/kg/day or more.

Evidence of fetotoxicity, including delayed fetal development (i.e., incomplete ossification and depressed fetal body weights), was observed in rats administered doses of 1 mg/kg/day (which produced plasma anastrozole C_{max} and AUC_{0-24h}) that were 19 times and 9 times higher than the respective values found in postmenopausal volunteers at the recommended dose. There was no evidence of teratogenicity in rats administered doses up to 1 mg/kg/day. In rabbits, anastrozole caused pregnancy failure at doses equal to or greater than 1 mg/kg/day (about 16 times the recommended human dose on a mg/m² basis); there was no evidence of teratogenicity in rabbits administered 0.2 mg/kg/day (about 3 times the recommended human dose on a mg/m² basis).

14 CLINICAL STUDIES

14.1 Adjuvant Treatment of Breast Cancer in Postmenopausal Women

A multicenter, double-blind trial (ATAC) randomized 9,366 postmenopausal women with operable breast cancer to adjuvant treatment with anastrozole tablets 1 mg daily, tamoxifen 20 mg daily, or a combination of the two treatments for five years or until recurrence of the disease.

The primary endpoint of the trial was disease-free survival (i.e., time to occurrence of a distant or local recurrence, or contralateral breast cancer or death from any cause). Secondary endpoints of the trial included distant disease-free survival, the incidence of contralateral breast cancer and overall survival. At a median follow-up of 33 months, the combination of anastrozole tablets and tamoxifen did not demonstrate any efficacy benefit when compared with tamoxifen in all patients as well as in the hormone receptor positive subpopulation. This treatment arm was discontinued from the trial. Based on clinical and pharmacokinetic results from the ATAC trial, tamoxifen should not be administered with anastrozole. [see Drug Interactions (7.1)]

Demographic and other baseline characteristics were similar among the three treatment groups (see Table 7).

Demographic Characteristic	Anastrozole Tablets		Tamoxifen		Anastrozole Tablets 1 mg plus Tamoxifen 20 mg	
	1 mg (N=3125)	20 mg (N=3116)	20 mg (N=3116)	1 mg (N=2618)	20 mg (N=2598)	20 mg (N=2598)
Mean age (yrs.)	64.1	64.1	64.3	64.3	64.3	64.3
Age Range (yrs.)	38.1 to 92.8	38.1 to 92.8	37 to 92.2	37 to 92.2	37 to 92.2	37 to 92.2
Age Distribution (%)						
<45 yrs.	0.7	0.4	0.5	0.5	0.5	0.5
45 to 60 yrs.	34.6	35	34.5	34.5	34.5	34.5
>60 <70 yrs.	38	37.1	37.7	37.7	37.7	37.7
>70 yrs.	26.7	27.4	27.3	27.3	27.3	27.3
Mean Weight (kg)	70.8	71.1	71.3	71.3	71.3	71.3
Receptor Status (%)						
Positive ¹	83.5	83.1	84	84	84	84

Table 7 - Demographic and Baseline Characteristics for ATAC Trial (cont.)

Demographic Characteristic	Anastrozole Tablets		Tamoxifen		Anastrozole Tablets 1 mg plus Tamoxifen 20 mg	
	1 mg (N=3125)	20 mg (N=3116)	20 mg (N=3116)	1 mg (N=2618)	20 mg (N=2598)	20 mg (N=2598)
Negative ¹	7.4	8	7	7	7	7
Other ²	8.8	8.6	8.6	8.6	8.6	8.6
Other Treatment (%) prior to Randomization						
Mastectomy	47.8	47.3	48.1	48.1	48.1	48.1
Breast conservation ³	52.3	52.8	51.9	51.9	51.9	51.9
Axillary surgery	95.5	95.7	95.2	95.2	95.2	95.2
Radiotherapy	63.3	62.5	61.9	61.9	61.9	61.9
Chemotherapy	22.3	20.8	20.8	20.8	20.8	20.8
Neoadjuvant Tamoxifen	1.6	1.6	1.7	1.7	1.7	1.7
Primary Tumor Size (%)						
T1 (<2 cm)	63.9	62.9	64.1	64.1	64.1	64.1
T2 (>2 cm and <5 cm)	32.6	34.2	32.9	32.9	32.9	32.9
T3 (>5 cm)	2.7	2.2	2.3	2.3	2.3	2.3
Nodal Status (%)						
Node positive	34.9	33.6	33.5	33.5	33.5	33.5
1 to 3 (# of nodes)	24.4	24.4	24.3	24.3	24.3	24.3
4 to 9	7.5	6.4	6.8	6.8	6.8	6.8
>9	2.9	2.7	2.3	2.3	2.3	2.3
Tumor Grade (%)						
Well-differentiated	20.8	20.5	21.2	21.2	21.2	21.2
Moderately differentiated	46.8	47.8	46.5	46.5	46.5	46.5
Poorly/undifferentiated	23.7	23.3	23.7	23.7	23.7	23.7
Not assessed/recorded	8.7	8.4	8.5	8.5	8.5	8.5

¹ N=Number of patients randomized to the treatment

² The combination arm was discontinued due to lack of efficacy benefit at 33 months of follow-up

³ Includes patients who were estrogen receptor (ER) positive or progesterone receptor (PgR) positive, or both positive

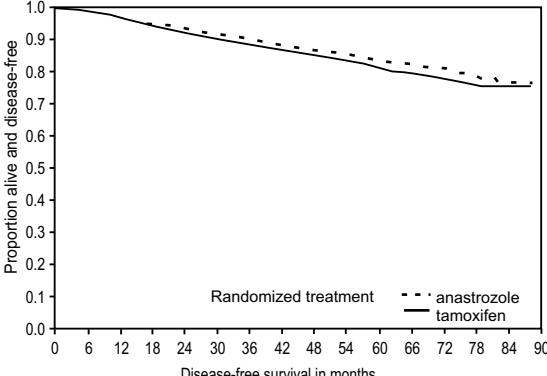
⁴ Includes patients with both ER negative and PgR negative receptor status

⁵ Includes all other combinations of ER and PgR receptor status unknown

⁶ Among the patients who had breast conservation, radiotherapy was administered to 95% of patients in the anastrozole arm, 94.1% in the tamoxifen arm and 94.5% in the anastrozole tablets 1 mg plus tamoxifen arm.

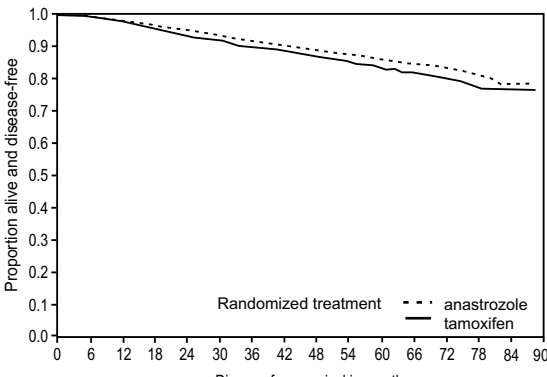
Patients in the two monotherapy arms of the ATAC trial were treated for a median of 60 months (5 years) and followed for a median of 68 months. Disease-free survival in the intent-to-treat population was statistically significantly improved [Hazard Ratio (HR)=0.87, 95% CI: 0.78, 0.97, p=0.0127] in the anastrozole arm compared to the tamoxifen arm. In the hormone receptor-positive subpopulation representing about 84% of the trial patients, disease-free survival was also statistically significantly improved (HR=0.83, 95% CI: 0.73, 0.94, p=0.0049) in the anastrozole arm compared to the tamoxifen arm.

Figure 1 - Disease-Free Survival Kaplan Meier Survival Curve for all Patients Randomized to Anastrozole Tablets or Tamoxifen Monotherapy in the ATAC Trial (Intent-to-Treat)



	0	6	12	18	24	30	36	42	48	54	60	66	72	78	84	90
anastrozole	3125	3004	2874	2757	2645	2350	984	51								
tamoxifen	3116	2992	2835	2709	2575	2273	933	47								

Figure 2 - Disease-free Survival for Hormone Receptor-Positive Subpopulation of Patients Randomized to Anastrozole Tablets or Tamoxifen Monotherapy in the ATAC Trial



	0	6	12	18	24	30	36	42	48	54	60	66	72	78	84	90
anastrozole	2618	2540	2448	2355	2268	2014	830	42								
tamoxifen	2598	2516	2398	2304	2189	1932	774	36								

The survival data with 68 months follow-up is presented in Table 9.

In the group of patients who had previous adjuvant chemotherapy (N=698 for anastrozole and N=647 for tamoxifen), the hazard ratio for disease-free survival was 0.91 (95% CI: 0.73 to 1.13) in the anastrozole arm compared to the tamoxifen arm.

The frequency of individual events in the intent-to-treat population and the hormone receptor-positive subpopulation are described in Table 8.

Demographic Characteristic	Intent-To-Treat Population ¹		Hormone Receptor-Positive Subpopulation ¹	
	Anastrozole Tablets 1 mg (N=3125)	Tamoxifen 20 mg (N=3116)	Anastrozole Tablets 1 mg (N=2618)	Tamoxifen 20 mg (N=2598)
Median Duration of Therapy (mo)	60	60	60	60
Median Efficacy Follow-up (mo)	68	68	68	68
Loco-regional recurrence	119 (3.8)	149 (4.8)	76 (2.9)	101 (3.9)
Contralateral breast cancer	35 (1.1)	59 (1.9)	26 (1)	54 (2.1)
Invasive	27 (0.9)	52 (1.7)	21 (0.8)	48 (1.8)
Ductal carcinoma in situ	8 (0.3)	6 (0.2)	5 (0.2)	5 (0.2)
Unknown	0	1 (<0.1)	0	1 (<0.1)
Distant recurrence	324 (10.4)	375 (12)	226 (8.6)	265 (10.2)
Death from Any Cause	411 (13.2)	420 (13.5)	296 (11.3)	301 (11.6)
Death breast cancer	218 (7)	248 (8)	138 (5.3)	160 (6.2)

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

HOW SHOULD I STORE ANASTROZOLE TABLETS?

- Store at 20°C to 25°C (68°F to 77°F) [see USP Controlled Room Temperature].
- Keep anastrozole tablets and all medicines out of the reach of children.

General information about anastrozole tablets.

Medicines are sometimes prescribed for conditions that are not mentioned in patient information leaflets. Do not take anastrozole tablets for a condition for which it was not prescribed. Do not give anastrozole tablets to other people, even if they have the same symptoms you have. They may harm them.

This patient information leaflet summarizes the most important information about anastrozole tablets. If you would like more information, talk with your doctor. You can ask your pharmacist or doctor for information about anastrozole tablets that is written for health professionals.

What are the ingredients in anastrozole tablet?

Active ingredient: anastrozole
Inactive ingredients: lactose monohydrate, magnesium stearate, povidone, sodium starch glycolate and opadry white (methylhydroxypropyl cellulose, polyethylene glycol and titanium dioxide).

Table 8 - All Recurrence and Death Events¹ (cont.)

Demographic Characteristic	Intent-To-Treat Population ¹		Hormone Receptor-Positive Subpopulation ¹	
	Anastrozole Tablets 1 mg (N=3125)	Tamoxifen 20 mg (N=3116)	Anastrozole Tablets 1 mg (N=2618)	Tamoxifen 20 mg (N=2598)
Death other reason (including unknown)	193 (6.2)	172 (5.5)	158 (6)	141 (5.4)

¹ The combination arm was discontinued due to lack of efficacy benefit at 33 months of follow-up.

² N=Number of patients randomized

³ Patients may fall into more than one category.

A summary of the study efficacy results is provided in Table 9.

Demographic Characteristic	Intent-To-Treat Population		Hormone Receptor-Positive Subpopulation	
	Anastrozole Tablets 1 mg (N=3125)	Tamoxifen 20 mg (N=3116)	Anastrozole Tablets 1 mg (N=2618)	Tamoxifen 20 mg (N=2598)
Number of Events				
Disease-Free Survival	575	651	424	497
Hazard ratio	0.87		0.83	
2-sided 95% CI	0.78 to 0.97		0.73 to 0.94	
p-value	0.0127		0.0049	
Distal Disease-Free Survival	500	530	370	394
Hazard ratio	0.94		0.93	
2-sided 95% CI	0.83 to 1.06		0.8 to 1.07	
Overall Survival	411	420	296	301
Hazard ratio	0.97		0.97	
2-sided 95% CI	0.85 to 1.12		0.83 to 1.14	

¹ The combination arm was discontinued due to lack of efficacy benefit at 33 months of follow-up.

14.2 First-Line Therapy in Postmenopausal Women with Advanced Breast Cancer

Two double-blind, controlled clinical studies of similar design (0030, a North American study and 0027, a predominately European study) were conducted to assess the efficacy of anastrozole compared with tamoxifen as first-line therapy for hormone receptor positive or hormone receptor unknown locally advanced or metastatic breast cancer in postmenopausal women. A total of 1021 patients between the ages of 30 and 92 years old were randomized to receive trial treatment. Patients were randomized to receive 1 mg of anastrozole tablets once daily or 20 mg of tamoxifen once daily. The primary end points for both trials were time to tumor progression, objective tumor response rate, and safety.

Demographics and other baseline characteristics, including patients who had measurable and no measurable disease, patients who were given previous adjuvant therapy, the site of metastatic disease and ethnic origin were similar for the two treatment groups for both trials. The following table summarizes the hormone receptor status at all randomized patients in